

Onigiri - Japanese Rice Balls

Yield: 8 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/tuna-mayo-rice-ball-japanese-recipe>

Ingredients:

- 4 cups white rice uncooked short-grain
- 4 1/2 cups water
- 1 cup water
- 1/4 teaspoon salt
- 1/4 cup bonito shavings, dry fish flakes
- 2 sheets nori dry seaweed, cut into 1/2-inch strips
- 2 tablespoons sesame seeds

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 75 grams
3. Fat: 2 grams
4. Fiber: 1 grams
5. Protein: 7 grams
6. Sodium: 85 milligrams

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