

Easy Sweet Potato Lasagna | Plant-Based Dinner

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/sweet-potato-plant-vietnamese-recipe>

Ingredients:

- 6 lasagna sheets
- 3 cups sweet potato chopped
- 1 cup green lentils cooked
- 2 cloves finely chopped garlic
- 1 head red onions finely chopped
- 2 carrots medium sized, finely chopped
- 3 cups chopped tomatoes
- 1/2 tomato passata a cup of
- 2 cups vegan cheese grated
- fresh basil to taste
- salt
- pepper

Nutrition:

1. Calories: 440 calories
2. Carbohydrate: 72 grams
3. Fat: 7 grams
4. Fiber: 21 grams
5. Protein: 23 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 670 milligrams
8. Sugar: 23 grams

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