

# Smoky Roasted Fall Vegetables

Yield: 10 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/sweet-potato-mash-recipe-thanksgiving>

## Ingredients:

- nonstick cooking spray or olive oil
- 2 pounds butternut squash large
- 1 1/2 pounds parsnips
- 2 pounds sweet potatoes
- 10 shallots large
- 1/4 cup extra-virgin olive oil
- 1 teaspoon ground cumin
- 1 tablespoon smoked paprika
- 1/2 teaspoon ground cinnamon
- 1 teaspoon salt for vegetables
- 1/2 teaspoon black pepper for vegetables
- 1/4 cup flat leaf parsley chopped
- salt optional, to taste
- black pepper optional, to taste