

Crispy Air Fryer Sweet Potato Fries

Yield: 4 min
Total Time: 24 min

Recipe from: <https://www.recipeschoose.com/recipes/sweet-potato-in-air-fryer-recipes>

Ingredients:

- 1 pound sweet potatoes 2 medium
- 1 tablespoon olive oil extra virgin
- 1/2 teaspoon garlic powder
- 1/2 teaspoon paprika smoked or regular
- 1/2 teaspoon salt
- 1/4 teaspoon ground black pepper

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 23 grams
3. Fat: 3.5 grams
4. Fiber: 4 grams
5. Protein: 2 grams
6. Sodium: 360 milligrams
7. Sugar: 5 grams

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