

# Old Style Sweet Potato Pie

Yield: 4 min  
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/sweet-potato-ginger-turbinado-sugar-recipe-thanksgiving>

## Ingredients:

- 2 sweet potatoes Large, /1 1/2 Cups of Mashed Sweet Potato
- 3/4 cup turbinado sugar
- 3/4 teaspoon canela
- 1/4 teaspoon ground ginger
- 1/8 teaspoon cardamom or Clove
- 1 pinch salt
- 2 eggs Large Organic
- 1 cup reduced fat milk Organic
- 1 teaspoon vanilla extract Real

## Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 110 milligrams
4. Fat: 3.5 grams
5. Fiber: 2 grams
6. Protein: 7 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 180 milligrams
9. Sugar: 26 grams

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