

# Air Fryer Sweet Potato Fries

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/sweet-potato-air-fryer-recipes>

## Ingredients:

- sweet potatoes large
- olive oil
- heavy cream
- mini marshmallows
- cinnamon
- brown sugar
- 2 sweet potatoes large, peeled and chopped into fries
- 1/4 cup olive oil
- 1/2 cup heavy cream
- 16 ounces mini marshmallows bag of
- 1 teaspoon cinnamon
- 1 tablespoon brown sugar

## Nutrition:

1. Calories: 800 calories
2. Carbohydrate: 124 grams
3. Cholesterol: 60 milligrams
4. Fat: 35 grams
5. Fiber: 5 grams
6. Protein: 5 grams
7. SaturatedFat: 13 grams
8. Sodium: 170 milligrams
9. Sugar: 78 grams

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