

Sweet Italian Sausage, Pepper and Potato Bake

Yield: 6 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/sweet-italian-sausage-recipe-without-fennel-seeds>

Ingredients:

- 5 casings sweet Italian sausage links, removed, 1 lb 3 oz package
- 1 cup mushrooms minced
- 1 1/2 cups chicken broth
- 1/4 cup fresh flat leaf parsley minced
- 3 cups red potatoes cubed
- 3 tablespoons olive oil separated
- 1 red bell pepper medium, cubed
- 1 yellow bell pepper medium, cubed
- 1 leek white part cleaned and sliced
- 4 cloves garlic smashed and coarsely chopped
- 14 ounces tomatoes
- kosher salt
- freshly ground pepper
- 3/4 cup cheese shredded garlic

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 15 milligrams
4. Fat: 12 grams
5. Fiber: 4 grams
6. Protein: 8 grams
7. SaturatedFat: 4 grams
8. Sodium: 250 milligrams
9. Sugar: 5 grams

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