

# Sweet Corn Pancakes

Yield: 6 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/sweet-corn-recipe-for-thanksgiving>

## Ingredients:

- 1 ear sweet corn
- 1 cup all-purpose flour
- 1/4 cup cornmeal
- 2 tablespoons granulated sugar
- 2 teaspoons baking powder
- 1/8 teaspoon salt
- 1 cup whole milk
- 1 large egg
- 1 teaspoon pure vanilla extract
- butter oil for cooking

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 50 milligrams
4. Fat: 5 grams
5. Fiber: 1 grams
6. Protein: 5 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 280 milligrams
9. Sugar: 7 grams

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