

Swedish Kringles

Yield: 8 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/twin-cities-live-swedish-dessert-recipe>

Ingredients:

- 1 cup all-purpose flour
- 1/2 cup butter
- 1 tablespoon water or as needed
- 1 cup water
- 1/2 cup butter
- 1 cup all-purpose flour
- 3 eggs
- 1 teaspoon almond extract
- 1 cup confectioners sugar
- 1 tablespoon heavy cream
- 1 tablespoon butter softened
- 1 teaspoon almond extract

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 145 milligrams
4. Fat: 27 grams
5. Fiber: 1 grams
6. Protein: 6 grams
7. SaturatedFat: 16 grams
8. Sodium: 200 milligrams
9. Sugar: 15 grams

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