

# Swedish Apple Pie

Yield: 7 min  
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-swedish-apple-pie-recipe>

## Ingredients:

- 6 granny smith apples, or other crisp and not too sweet apple \*see notes
- 2 tablespoons granulated sugar
- 2 ground cinnamon
- 1 cup all purpose flour
- 1 cup granulated sugar
- 1/2 cup butter
- 1 egg
- 1 lemon or juice of half a lemon, optional
- 1/4 tea freshly grated nutmeg. If you own ground nutmeg just use a level 1/4 tea, optional

## Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 70 grams
3. Cholesterol: 65 milligrams
4. Fat: 14 grams
5. Fiber: 5 grams
6. Protein: 3 grams
7. SaturatedFat: 8 grams
8. Sodium: 105 milligrams
9. Sugar: 48 grams

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