

Swedish Hash (Pyttipanna)

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-swedish-sausage-recipe>

Ingredients:

- 1 1/2 tablespoons olive oil
- 1 1/8 pounds potatoes about 5 medium-sized potatoes, peeled and cut into tiny cubes
- 1 medium onion sliced finely
- 3 1/2 ounces smoked pork or bacon, cut into tiny cubes, about 1/2 cup, heaping
- 7 1/16 tablespoons ham cut into tiny cubes, about 1/2 cup, heaping
- 150 grams sausage, cut into tiny cubes (about 1 cup) cut into tiny cubes, about 1 cup
- salt
- pepper
- parsley chopped roughly for garnish, optional

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 55 milligrams
4. Fat: 25 grams
5. Fiber: 4 grams
6. Protein: 16 grams
7. SaturatedFat: 7 grams
8. Sodium: 980 milligrams
9. Sugar: 3 grams

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