

Swedish Pizza

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/swedish-pickled-cucumber-salad-recipe>

Ingredients:

- 3/4 cup yogurt plain Greek or Turkish
- 1/4 cup Heinz Chili Sauce
- 8 cherry tomatoes cut in half
- cucumber roughly cut, about 2 ounces
- yellow bell pepper small, cut into 1-inch pieces
- salad greens roughly cut, your choice, Romaine or arugula are popular in Sweden.
- 3 ounces smoked ham cut into strips

Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 15 milligrams
4. Fat: 2 grams
5. Fiber: 2 grams
6. Protein: 6 grams
7. SaturatedFat: 1 grams
8. Sodium: 510 milligrams
9. Sugar: 5 grams

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