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## Dairy-Free Instant Pot Swedish Meatballs with Pasta

Yield: 4 min Total Time: 30 min

Recipe from: https://www.recipeschoose.com/recipes/swedish-meatballs-with-pasta-recipe

## **Ingredients:**

- 2 tablespoons oil canola or vegetable
- 24 frozen meatballs
- 2 cans beef broth 14.5 oz
- 1 cup water
- 1 package egg noodles 12 oz package
- 1 can coconut milk 14.5 oz
- 1 cup sour cream dairy-free
- 1/2 teaspoon dried parsley
- 1/2 teaspoon salt
- 1/4 teaspoon ground black pepper

## **Nutrition:**

Calories: 420 calories
Carbohydrate: 8 grams
Cholesterol: 30 milligrams

4. Fat: 42 grams5. Fiber: 2 grams6. Protein: 5 grams

7. SaturatedFat: 28 grams8. Sodium: 1070 milligrams

9. Sugar: 5 grams

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