

# One-Pot Swedish Meatballs with Egg Noodles

Yield: 4 min  
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/swedish-meatballs-recipe-veal>

## Ingredients:

- 1/2 cup breadcrumbs
- 1/2 cup milk
- 2 pounds ground beef 1/3 beef, 1/3 pork and 1/3 veal is ideal
- 1 small onion grated
- 1 egg
- 1/4 teaspoon ground allspice
- 1/8 teaspoon salt
- 1/4 teaspoon white pepper
- butter or oil
- 900 milliliters chicken broth
- 3/4 cup heavy whipping cream
- 4 cups egg noodles
- 1/2 cup breadcrumbs
- 1/2 cup milk
- 2 pounds ground beef
- 1/3 pork
- 1/3 veal
- 1 small onion grated
- 1 egg
- 1/4 teaspoon ground allspice
- 1/8 teaspoon salt
- 1/4 teaspoon white pepper
- butter or oil
- 900 milliliters chicken broth
- 3/4 cup heavy whipping cream
- 4 cups egg noodles

## Nutrition:

1. Calories: 1960 calories
2. Carbohydrate: 79 grams
3. Cholesterol: 670 milligrams
4. Fat: 129 grams
5. Fiber: 3 grams
6. Protein: 123 grams
7. SaturatedFat: 59 grams
8. Sodium: 1010 milligrams
9. Sugar: 7 grams
10. TransFat: 4.5 grams

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