

Swedish Meatballs Sauce

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/swedish-meatballs-with-white-sauce-recipe>

Ingredients:

- 2 cups beef broth
- 8 ounces cream cheese in 1 oz. pieces
- 3/4 cup heavy cream
- 1 teaspoon ground nutmeg fresh
- 1 teaspoon ground allspice fresh
- 1/2 teaspoon black pepper
- chopped parsley Fresh, for garnish, optional

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 135 milligrams
4. Fat: 40 grams
5. Protein: 6 grams
6. SaturatedFat: 23 grams
7. Sodium: 600 milligrams
8. Sugar: 2 grams

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