

Mini Swedish Meatballs with Mashed Potatoes

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/swedish-meatballs-recipe-pork-beef>

Ingredients:

- mashed potatoes
- 1 pound russet potatoes peeled and chopped
- 4 tablespoons unsalted butter
- 1/4 cup heavy cream
- salt
- pepper
- swedish meatballs
- gravy
- 1 slice white bread crumbled
- 1/4 cup milk
- 3 tablespoons unsalted butter divided
- 1/2 cup diced onion finely
- 2 garlic cloves minced
- 1/2 pound lean ground beef
- 1/2 pound lean ground pork
- 1 large egg beaten
- 1 teaspoon salt
- 1/2 teaspoon cracked black pepper
- 1/4 teaspoon ground allspice
- 1/4 teaspoon ground nutmeg
- 2 tablespoons all purpose flour
- 1 1/2 cups beef broth warm
- 2 tablespoons heavy cream optional

Nutrition:

1. Calories: 630 calories
2. Carbohydrate: 38 grams

3. Cholesterol: 215 milligrams
 4. Fat: 39 grams
 5. Fiber: 3 grams
 6. Protein: 33 grams
 7. SaturatedFat: 22 grams
 8. Sodium: 1410 milligrams
 9. Sugar: 4 grams
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