

Swedish Meatball Casserole

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/swedish-meatball-recipe-using-sour-cream>

Ingredients:

- 3 cups egg noodles uncooked dried
- 2 tablespoons butter
- 4 ounces sliced mushrooms fresh
- 2 cups water
- 2 5/8 ounces brown gravy mix dried
- 3/4 cup sour cream
- 1 teaspoon ground nutmeg
- 4 cups cooked meatballs 20 ounce pkg frozen fully, thawed
- 2 teaspoons parsley flakes dried

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 34 grams
3. Cholesterol: 65 milligrams
4. Fat: 18 grams
5. Fiber: 2 grams
6. Protein: 8 grams
7. SaturatedFat: 10 grams
8. Sodium: 1020 milligrams
9. Sugar: 5 grams

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