

Swedish Meat Pies from Scratch

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/swedish-meat-pies-recipe>

Ingredients:

- 4 cups all purpose flour
- 2 teaspoons salt
- 1 1/2 cups shortening
- 12 tablespoons sour cream
- 2 pounds ground beef
- 1/2 cup onions chopped
- 4 tablespoons chopped parsley
- 1/2 teaspoon dried dill weed
- 1/2 teaspoon spice ground all-
- 2 pinches ground nutmeg
- 3 potatoes peeled and grated
- 3 cups shredded cheddar cheese or cheese slices

Nutrition:

1. Calories: 2170 calories
2. Carbohydrate: 125 grams
3. Cholesterol: 265 milligrams
4. Fat: 149 grams
5. Fiber: 8 grams
6. Protein: 81 grams
7. SaturatedFat: 56 grams
8. Sodium: 1910 milligrams
9. Sugar: 5 grams
10. TransFat: 12 grams

Thank you for visiting our website. Hope you enjoy Swedish Meat Pies from Scratch above. You can see more 16 swedish meat pies recipe Ignite your passion for cooking! to get more great cooking ideas.