

# Sautéed Green Cabbage with Country Ham

Yield: 12 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/swedish-green-cabbage-recipe>

## Ingredients:

- 3 tablespoons unsalted butter
- 1 yellow onion large, sliced crosswise into &nbsp; thin rings
- 4 pounds green cabbage quartered and cut into &nbsp; 1/4-inch-thick strips
- 1 cup country ham diced
- freshly ground pepper Salt and, to taste

## Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 15 milligrams
4. Fat: 3.5 grams
5. Fiber: 3 grams
6. Protein: 4 grams
7. SaturatedFat: 2 grams
8. Sodium: 280 milligrams

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