

# Gløgg - Swedish Mulled Wine

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-mulled-wine-glogg-recipe>

## Ingredients:

- 3 1/4 cups dry red wine
- 1 cup spiced rum
- 1 cup honey
- 1 tablespoon cardamom pods
- 1 tablespoon allspice berries
- 2 teaspoons whole cloves
- 1/2 cup orange juice
- 1 Orange
- 2 pieces cinnamon
- 1 inch ginger piece dried

## Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 89 grams
3. Fiber: 4 grams
4. Protein: 1 grams
5. Sodium: 15 milligrams
6. Sugar: 74 grams

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