

# Soothing Chai

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/elaichi-chai-recipe-indian>

## Ingredients:

- 6 cups water
- 2 cinnamon sticks
- 4 cloves
- 1 inch ginger sliced
- 8 pods cardamom
- 6 whole peppercorns
- 1 bag tea peppermint, or 1 tablespoon loose peppermint tea