

# Swedish Cinnamon Buns “Bullar”

Yield: 48 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/swedish-cinnamon-buns-with-cardamom-recipe>

## Ingredients:

- 3 packages dry yeast
- 1 cup butter
- 2 cups milk
- 1/2 teaspoon salt
- 1/2 cup sugar
- 5 cups flour
- 2 teaspoons cardamom
- butter Spreadable
- sugar
- canela

## Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 15 milligrams
4. Fat: 5 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 3 grams
8. Sodium: 65 milligrams
9. Sugar: 3 grams

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