

# Swedish Grilled Chicken Radicchio Salad

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/scandinavian-chicken-salad-recipe>

## Ingredients:

- 2 boneless, skinless chicken breasts
- 1/2 teaspoon garlic powder
- 1/2 teaspoon paprika
- 1/2 teaspoon chilli powder
- 1 tablespoon olive oil
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 3/4 cup walnuts
- 12 ounces radicchio leaves roughly chopped into wide strips
- 5 ounces fresh blueberries
- fresh mint leaves optional
- 1/3 cup olive oil
- 1 teaspoon maple syrup
- 1 teaspoon apple cider vinegar
- 1/2 teaspoon salt
- 1/4 teaspoon pepper

## Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 40 milligrams
4. Fat: 38 grams
5. Fiber: 4 grams
6. Protein: 17 grams
7. SaturatedFat: 5 grams
8. Sodium: 980 milligrams
9. Sugar: 6 grams

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