

# Swedish Meatballs

Yield: 9 min  
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/swedish-tea-ring-with-pecans-recipes>

## Ingredients:

- 2 tablespoons butter
- 1 white onion or large yellow, peeled, grated, use the large holes of a box cheese grater
- 2/3 cup milk
- 5 slices bread crusts removed, bread cut into pieces
- 2 eggs
- 1 pound ground pork
- 1 1/2 pounds ground beef
- 2 teaspoons kosher salt
- 1 teaspoon ground nutmeg freshly
- 1 teaspoon ground cardamom
- 2 teaspoons black pepper
- 6 tablespoons butter
- 1/3 cup flour
- 1 quart beef stock
- 3/4 cup sour cream
- salt
- 4 tablespoons lingonberry red currant, raspberry or cranberry jelly, less or more to taste, optional

## Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 175 milligrams
4. Fat: 38 grams
5. Fiber: 1 grams
6. Protein: 30 grams
7. SaturatedFat: 18 grams
8. Sodium: 1120 milligrams
9. Sugar: 4 grams
10. TransFat: 1 grams

Thank you for visiting our website. Hope you enjoy Swedish Meatballs above. You can see more 15+ swedish tea ring with pecans recipes Ignite your passion for cooking! to get more great cooking ideas.