

Braised Swedish Cabbage

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/swedish-cabbage-recipe>

Ingredients:

- 1 head red cabbage sliced very thin
- 4 tablespoons butter
- 1/3 cup white vinegar
- 1/3 cup water
- 1 tablespoon sugar
- 1 teaspoon kosher salt
- 1/4 cup red currant jelly I used Lingonberry...eh, it's Swedish
- 2 tablespoons apple grated, we use chunky applesauce

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 30 milligrams
4. Fat: 12 grams
5. Fiber: 4 grams
6. Protein: 2 grams
7. SaturatedFat: 7 grams
8. Sodium: 740 milligrams
9. Sugar: 22 grams

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