

Homemade Fruit Snacks

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/sugar-syrup-recipe-for-indian-sweets>

Ingredients:

- 1 cup water
- 8 tablespoons gelatin powder I used grass-fed beef gelatin
- 2 cups fruit pureed, Use fresh or frozen. I actually used applesauce and then steamed some apples with cinnamon since I didn't have an...
- 1/2 cup fruit juice your choice
- 2 tablespoons sugar syrup
- 2 tablespoons sugar syrup
- 1/4 cup honey
- candy Silicone, /chocolate mold

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 53 grams
3. Cholesterol: 5 milligrams
4. Fat: 3.5 grams
5. Fiber: 2 grams
6. Protein: 27 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 120 milligrams
9. Sugar: 41 grams

Thank you for visiting our website. Hope you enjoy Homemade Fruit Snacks above. You can see more 18 sugar syrup recipe for indian sweets Experience culinary bliss now! to get more great cooking ideas.