

Stir Fry Sugar Snap Peas

Yield: 5 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/sugar-snap-peas-recipe-indian-style>

Ingredients:

- 1 pound sugar snap peas ends removed and chopped
- 2 teaspoons olive oil
- 1 teaspoon sesame oil
- 1 tablespoon minced garlic
- 1 tablespoon coconut aminos
- 1 teaspoon minced ginger
- 1 teaspoon balsamic vinegar
- 2 teaspoons sesame seeds, toasted
- 1/2 teaspoon sea salt

Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 8 grams
3. Fat: 3.5 grams
4. Fiber: 3 grams
5. Protein: 3 grams
6. Sodium: 240 milligrams
7. Sugar: 4 grams

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