

Sugar-free Vegan Turkish Delight

Yield: 10 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/sugar-free-turkish-delight-recipe-uk>

Ingredients:

- 3 3/8 cups water
- 5/8 cup arrowroot powder or tapioca flour
- 4 tablespoons agar powder
- 6 1/4 cups xylitol
- 1 teaspoon beetroot powder or juice, for colouring
- 1 1/2 tablespoons rose water
- 4 tablespoons arrowroot powder
- 4 tablespoons xylitol

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 24 grams
3. Sugar: 12 grams

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