

Spiced Tea (a.k.a. Russian Tea)

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-tea-recipe-with-tea-bags>

Ingredients:

- 8 tea bags small, black tea, or 8 teaspoons loose black tea
- 4 cups boiling water
- 1/2 cup water
- 3/4 cup sugar
- 6 whole cloves
- 1 cinnamon stick
- 1/4 cup orange juice strained
- 1/2 cup lemon juice strained

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 43 grams
3. Fiber: 1 grams
4. Sodium: 20 milligrams
5. Sugar: 39 grams

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