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Garlic Stuffed Mushrooms

Yield: 4 min Total Time: 30 min

Recipe from: https://www.recipeschoose.com/recipes/stuffed-turkish-bread-recipe-vegetarian

Ingredients:

- 20 button mushrooms
- 1 cup grated cheddar cheese 120g
- 2 tablespoons unsalted butter at room temperature
- 5 garlic cloves
- 1/8 cup fresh flat leaf parsley
- salt
- black pepper

Nutrition:

Calories: 190 calories
Carbohydrate: 5 grams
Cholesterol: 45 milligrams

4. Fat: 15 grams5. Fiber: 1 grams6. Protein: 9 grams

7. SaturatedFat: 10 grams8. Sodium: 380 milligrams

9. Sugar: 1 grams

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