

# Holiday Stuffed Pork Tenderloin

Yield: 4 min  
Total Time: 95 min

Recipe from: <https://www.recipeschoose.com/recipes/stuffed-pork-tenderloin-recipe-for-christmas>

## Ingredients:

- 1 boneless pork tenderloin about 1 to 2 pounds
- 1 sweet onion thinly sliced
- 2 tablespoons unsalted butter
- 3 tablespoons fresh sage chopped
- 3 cups fresh spinach
- 3 cloves garlic minced
- 1/2 cup cranberry sauce
- 6 ounces goat cheese crumbled
- salt
- pepper

## Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 140 milligrams
4. Fat: 26 grams
5. Fiber: 2 grams
6. Protein: 42 grams
7. SaturatedFat: 16 grams
8. Sodium: 440 milligrams
9. Sugar: 18 grams

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