

Italian Sausage-Stuffed Mushrooms

Yield: 4 min
Total Time: 38 min

Recipe from: <https://www.recipeschoose.com/recipes/stuffed-mushrooms-recipe-italian-sausage-cream-cheese>

Ingredients:

- nonstick cooking spray
- 12 cremini mushrooms large
- 4 ounces cream cheese softened
- 2 ounces grated Parmesan cheese 2 oz. is about 2/3 cup
- 1/2 cup panko breadcrumbs
- 1 teaspoon dried parsley
- 1/2 teaspoon dried thyme
- 1/4 teaspoon salt
- black pepper to taste
- 1 shallots
- 6 ounces italian sausage removed from casings

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 75 milligrams
4. Fat: 28 grams
5. Fiber: 2 grams
6. Protein: 17 grams
7. SaturatedFat: 13 grams
8. Sodium: 870 milligrams
9. Sugar: 3 grams

Thank you for visiting our website. Hope you enjoy Italian Sausage-Stuffed Mushrooms above. You can see more 19 stuffed mushrooms recipe italian sausage cream cheese Elevate your taste buds! to get

more great cooking ideas.