

Refried Beans

Yield: 1 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/stuffed-banana-peppers-recipe-mexican>

Ingredients:

- 1 pound pinto beans rinsed and sorted for stones and sad-looking beans
- 1 1/2 yellow onions or medium white, divided
- 7 cloves garlic divided
- 1 jalapeno seeded
- 1 jar banana peppers
- 2 tablespoons white vinegar
- 4 1/2 tablespoons bacon drippings or lard or vegetable oil, but really, the bacon drippings
- salt to taste

Nutrition:

1. Calories: 810 calories
2. Carbohydrate: 41 grams
3. Cholesterol: 70 milligrams
4. Fat: 67 grams
5. Fiber: 4 grams
6. Protein: 12 grams
7. SaturatedFat: 30 grams
8. Sodium: 1390 milligrams
9. Sugar: 7 grams

Thank you for visiting our website. Hope you enjoy Refried Beans above. You can see more 16 stuffed banana peppers recipe mexican Delight in these amazing recipes! to get more great cooking ideas.