

# Broccoli Cheddar Stuffed Baked Potatoes

Yield: 1 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/stuffed-baked-potato-recipes>

## Ingredients:

- 1 russet potato large, skin scrubbed and dried
- 1 tablespoon olive oil
- salt
- pepper
- 1/2 cup broccoli florets fresh, see directions below
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 1/4 teaspoon garlic powder
- 1/2 cup shredded cheddar cheese

## Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 50 grams
3. Cholesterol: 60 milligrams
4. Fat: 32 grams
5. Fiber: 7 grams
6. Protein: 21 grams
7. SaturatedFat: 14 grams
8. Sodium: 2340 milligrams
9. Sugar: 4 grams

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