

Creole Striped Bass

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/striped-bass-indian-recipe>

Ingredients:

- 1/2 teaspoon chili powder
- 1/2 teaspoon paprika
- 1/4 teaspoon dried thyme
- 1/8 teaspoon garlic powder
- 1/2 teaspoon salt plus more, to taste
- 1/4 teaspoon ground black pepper freshly, plus more, to taste
- 1/4 teaspoon ground white pepper freshly
- 4 striped bass or other firm white-fleshed fish fillets, 1 1/2 lb. total, pin bones removed
- 2 tablespoons olive oil
- 1 lemon
- 2 tablespoons unsalted butter

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 255 milligrams
4. Fat: 19 grams
5. Fiber: 2 grams
6. Protein: 54 grams
7. SaturatedFat: 8 grams
8. Sodium: 510 milligrams

Thank you for visiting our website. Hope you enjoy Creole Striped Bass above. You can see more 16 striped bass indian recipe Ignite your passion for cooking! to get more great cooking ideas.