

Halva & Turkish Delight Almond Milk

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-strawberry-turkish-delight>

Ingredients:

- 1/2 cup almonds soaked in water for at least 8 hours
- 2 cups water
- 7 large strawberries
- 3 medjool dates add more if you want it sweeter
- 1/4 cup pistachios OR 1 tbsp pistachio butter
- 1 teaspoon rose water
- 1 pinch salt
- 1/2 cup almonds soaked in water for at least 8 hours
- 2 cups water
- 3 medjool dates
- 1 tablespoon Tahini
- 1/4 teaspoon cardamom
- 1/4 teaspoon canela
- 1 pinch salt

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 21 grams
3. Fat: 23 grams
4. Fiber: 7 grams
5. Protein: 10 grams
6. SaturatedFat: 2 grams
7. Sodium: 160 milligrams
8. Sugar: 10 grams

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