

Energy Smoothie

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/strawberry-pulp-recipe-india>

Ingredients:

- 1/2 cup orange juice
- 1 cup strawberries
- 1/2 banana
- 2 teaspoons honey
- 6 ice cubes

Nutrition:

1. Calories: 50 calories
2. Carbohydrate: 13 grams
3. Fiber: 1 grams
4. Protein: 1 grams
5. Sugar: 9 grams

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