

Strawberry Mousse

Yield: 6 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/strawberry-liqueur-recipe-italian>

Ingredients:

- 1 pound strawberries trimmed, plus sliced, for garnish
- 1/2 cup sugar
- 1/2 tablespoon fresh lemon juice
- 1/2 teaspoon kosher salt
- 3 eggs separated into yolks and whites
- 3 tablespoons strawberry liqueur such as Briottet Crème de Frais de Bois
- 1 cup heavy cream
- 1 1/2 teaspoons vanilla extract

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 170 milligrams
4. Fat: 20 grams
5. Fiber: 2 grams
6. Protein: 5 grams
7. SaturatedFat: 12 grams
8. Sodium: 250 milligrams
9. Sugar: 24 grams

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