

Strawberry Lassi

Yield: 2 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/strawberry-souffle-indian-recipe>

Ingredients:

- 2 cups strawberries halved, hulled
- 1 cup ice cubes
- 2/3 cup buttermilk
- 1/3 cup coconut milk
- 1 tablespoon sugar

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 5 milligrams
4. Fat: 11 grams
5. Fiber: 4 grams
6. Protein: 6 grams
7. SaturatedFat: 9 grams
8. Sodium: 85 milligrams
9. Sugar: 20 grams

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