

# Strawberry Greek Yogurt Muffins

Yield: 12 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/strawberry-and-greek-yogurt-recipe>

## Ingredients:

- 1 1/2 cups all purpose flour
- 1/2 cup whole wheat flour
- 1 tablespoon baking powder
- 1/2 teaspoon salt
- 1/2 cup sugar
- 1 cup milk
- 1 eggs
- 1/3 cup oil
- 1/4 cup greek yogurt
- 1 1/2 cups strawberries

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 20 milligrams
4. Fat: 8 grams
5. Fiber: 2 grams
6. Protein: 4 grams
7. SaturatedFat: 1 grams
8. Sodium: 250 milligrams
9. Sugar: 11 grams

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