

# New Years Black-Eyed Peas

Yield: 8 min  
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-black-eyed-peas-recipe-bacon>

## Ingredients:

- 1/4 cup butter
- 1 onion small, chopped
- 1 green bell pepper small, seeded and chopped
- 8 ounces smoked sausage sliced
- 1 tablespoon garlic powder
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 31 ounces black-eyed peas
- 1 cube smoked hog jowl
- 3/4 cup water
- 1/2 cup cooked white rice
- 1/2 cup shredded cheddar cheese

## Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 68 grams
3. Cholesterol: 50 milligrams
4. Fat: 22 grams
5. Fiber: 1 grams
6. Protein: 35 grams
7. SaturatedFat: 10 grams
8. Sodium: 720 milligrams
9. Sugar: 1 grams
10. TransFat: 0.5 grams

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