

Steamed Ginger Fish Fillet

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/steamed-fish-fillet-recipe-pakistani>

Ingredients:

- 1 pound fish fillet
- 2 tablespoons chicken bouillon
- 1/2 cup rice wine
- 1/2 cup ginger Slices
- 1/2 cup scallion Slices
- 1 teaspoon sugar
- 1 teaspoon salt
- 1 teaspoon black pepper
- 2 tablespoons soy sauce
- 1/4 cup water
- 1 tablespoon mirin

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 55 milligrams
4. Fat: 1.5 grams
5. Fiber: 1 grams
6. Protein: 23 grams
7. Sodium: 1690 milligrams
8. Sugar: 2 grams

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