

# Irish American Mom's Christmas Pudding

Yield: 4 min  
Total Time: 420 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-irish-christmas-pudding>

## Ingredients:

- 1/2 cup raisins
- 1/2 cup golden raisins
- 1 cup blueberries Dried Wild, use currants instead if available
- 1/2 cup cherries Marishcino, halved with stems removed
- 1/2 cup orange marmalade with large chunks of peel
- 1/2 cup dried pineapple chopped in small pieces
- 1/2 cup dried cranberries
- 1/2 cup dates chopped
- 1/2 cup walnuts chopped
- 1/2 cup slivered almonds
- 1 cup brown sugar
- 1/2 cup bread crumbs
- 2 cups all-purpose flour
- 1/8 teaspoon salt
- 2 teaspoons pumpkin pie spice
- 1 teaspoon cinnamon
- 1 teaspoon nutmeg
- 1/2 teaspoon ground cloves
- 1 green apples large, peeled and grated
- 1 carrots large, peeled and grated
- 8 ounces melted butter 2 sticks
- 1 lemon juice and grated zest
- 1 orange juice and grated zest
- 4 eggs whisked
- 2 fluid ounces brandy or whiskey
- 1 cup stout Guinness, 8 fluid ounces

## Nutrition:

1. Calories: 1530 calories
2. Carbohydrate: 205 grams
3. Cholesterol: 335 milligrams
4. Fat: 69 grams
5. Fiber: 16 grams
6. Protein: 23 grams
7. SaturatedFat: 32 grams
8. Sodium: 620 milligrams
9. Sugar: 116 grams

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