

Steak Tip Mashed Potato Bake

Yield: 8 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/steak-tips-recipe-chinese>

Ingredients:

- 1 1/2 pounds steak tips sirloin, or cubed stew meat
- 6 medium potatoes peeled and diced
- 1 1/4 cups cream or whole milk, divided
- 1/3 cup all purpose flour
- 3 tablespoons worcestershire sauce
- 3 tablespoons unsalted butter
- 2 tablespoons olive oil
- 2 tablespoons garlic powder divided
- kosher salt
- freshly ground pepper

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 37 grams
3. Cholesterol: 40 milligrams
4. Fat: 16 grams
5. Fiber: 4 grams
6. Protein: 6 grams
7. SaturatedFat: 9 grams
8. Sodium: 190 milligrams
9. Sugar: 2 grams

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