

# Quick & Easy Noodle Stir-Fry

Yield: 1 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/steak-and-shrimp-chinese-recipe>

## Ingredients:

- 12 ounces linguine whole wheat or regular
- 2 tablespoons canola oil
- 1/4 cup soy sauce
- 2 1/2 tablespoons brown sugar
- 2 1/2 tablespoons rice wine vinegar
- 2 tablespoons chili sauce Asian sweet red, Thai Kitchen makes one that's great and easy to find; this is not the chili sauce you find...
- 1 tablespoon dark sesame oil
- 1 red onion small, sliced
- 4 cloves garlic minced or pressed
- 2 tablespoons fresh ginger minced or pressed
- 1 yellow bell peppers large or 2 small orange, red, and/or, seeded and sliced
- 1 cup sugar snap peas fresh or frozen green, snow peas, edamame, or green beans
- 1 zucchini medium, julienned or chopped
- grilled chicken optional
- grilled chicken optional
- shrimp optional
- shrimp optional
- steak optional
- black sesame seeds optional
- chopped cilantro optional
- lime wedges optional