

Best Spaghetti With Meatballs

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/stanley-tucci-searching-for-italy-zucchini-spaghetti-recipe>

Ingredients:

- 250 grams minced beef
- 1 clove garlic
- 1 onion small
- 1 tablespoon grated Parmesan cheese
- 1/2 teaspoon sea salt
- 1/4 teaspoon ground black pepper
- 1/2 zucchini
- 1 tablespoon olive oil
- 1 can chopped tomatoes 400 g
- 1 1/2 cups beef stock 400 ml
- salt
- pepper
- 1/4 package spaghetti
- 1 teaspoon olive oil
- 1 pinch salt

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 45 milligrams
4. Fat: 14 grams
5. Fiber: 2 grams
6. Protein: 16 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 810 milligrams
9. Sugar: 5 grams
10. TransFat: 0.5 grams

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