

Crockpot Sugar Detox Dessert Stuffed Apples

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/vegan-easter-dessert-recipe>

Ingredients:

- 4 apples green, cored, bottom still in place
- 1/2 cup coconut cream Concentrate or homemade coconut butter, melted
- 1 cup nut butter sunbutter, unsweetened, or other
- 2 tablespoons cinnamon the more the better in my world
- 1 pinch nutmeg
- 1 pinch salt
- 4 tablespoons shredded coconut unsweetened
- 1 cup water

Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 46 grams
3. Fat: 44 grams
4. Fiber: 11 grams
5. Protein: 18 grams
6. SaturatedFat: 18 grams
7. Sodium: 390 milligrams
8. Sugar: 26 grams

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