

National Chicken Cacciatore Day | Chicken Cacciatore

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-national-dish-recipe>

Ingredients:

- 6 chicken thighs
- pepper
- salt
- 1/2 cup all-purpose flour
- 2 tablespoons olive oil
- 1 sweet onion chopped
- 1 red bell pepper chopped
- 4 garlic cloves minced
- 3/4 cup dry white wine
- 3/4 cup reduced sodium chicken broth
- 14 ounces diced tomatoes undrained
- 2 teaspoons dried oregano

Nutrition:

1. Calories: 960 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 290 milligrams
4. Fat: 59 grams
5. Fiber: 4 grams
6. Protein: 64 grams
7. SaturatedFat: 15 grams
8. Sodium: 580 milligrams
9. Sugar: 9 grams

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