

Squash Casserole

Yield: 12 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/squash-casserole-recipe-for-thanksgiving>

Ingredients:

- 2 tablespoons butter
- 4 cups yellow squash sliced
- 1 onion medium, chopped
- 2 eggs
- 1 cup cheddar cheese grated
- 1 cup milk
- 2 tablespoons butter
- 1/4 teaspoon cayenne pepper optional
- 1/2 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1 Ritz Crackers sleeve

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 55 milligrams
4. Fat: 8 grams
5. Fiber: 1 grams
6. Protein: 5 grams
7. SaturatedFat: 5 grams
8. Sodium: 210 milligrams
9. Sugar: 3 grams

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