

# Squash Blossom Quesadillas

Yield: 8 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/squash-blossom-recipe-mexican>

## Ingredients:

- 72 squash blossoms
- 2 tablespoons extra-virgin olive oil
- 2 cloves garlic minced or ran through a press
- 1 onion medium, very finely minced
- kosher salt to taste
- freshly ground black pepper to taste
- 8 corn tortillas
- 1 fresh mozzarella cheese
- salsa verde
- jalapeños pickled, optional

## Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 20 milligrams
4. Fat: 11 grams
5. Fiber: 2 grams
6. Protein: 8 grams
7. SaturatedFat: 4 grams
8. Sodium: 320 milligrams
9. Sugar: 2 grams

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